

Wales & West



Sunday 4th July

Venue:

University of the West of England
(UWE)~Bristol

Adjudicators:

Mary Teresa McHugh	ADCRG	Coventry
Catherine Cullinane	ADCRG	Coventry
John Roddy	ADCRG	Derry
Grainne Feely	ADCRG	Kildare
Margaret Morgan	ADCRG	Manchester
John Morgan	ADCRG	Manchester

Musicians:

Kit Lancaster	Midlands
John O'Hare	Liverpool



WELCOME TO THE 1ST WALES & WEST FEIS

We would like to welcome everyone to the 1st ever Wales & West Feis, being held at the Conference and Exhibition Centre at the University of the West of England (UWE). The venue is situated just off of the M32 and 10 minutes from Parkway train station. UWE is a fantastic venue offering plenty of free parking. Hot and cold food and drink will be served throughout the day.

Our new Feis is being run by the Wales and West Teachers Association (WAWTA). Members include Jim Smith ADCRG, Stacey Quinn-Fitton TCRG, Kate O'Malley TCRG, Victoria Trahar TCRG and Michelle O'Donnell TCRG. We have decided to run the feis this year as a one-day grades feis, however if it proves to be a success this year, then next year we are prepared to make it a weekend event.

As this is our first time running the feis we have decided to make it pre-entry to establish numbers before the day in order to prepare as best we can. Therefore the closing date for entries will be **Friday 11th June.**

Please forward entries to:

Mrs Stacey Quinn-Fitton TCRG

10 Newnham Close

Stockwood

Bristol, BS14 8AQ

Tel: 07825324510

Email: staceyjdquinn@msn.com

ENTRY FEES

Solo competitions	£3
Trophy Dance	£4
Open premier competition	£4.50
Set dance competition	£3
Figure/Ceili competitions	£2 per dancer
Door Fee (to be paid with entries)	£6 per family

ALL CHEQUES MUST BE MADE PAYABLE TO:

The Wales and West Teachers Association



RULES

General

- Age to be taken from the 1st January of the current year.
- Adjudicator's decision is final.
- Committee members only may approach adjudicators.
- Any protest against breach of rules must be made in writing to the feis organiser within one hour of conclusion of a competition, with a fee of £10. Should the objection be upheld the fee will be refunded.
- Entries will only be accepted from schools registered with An Coimisiun.
- Lodgement of entries at a feis implies that you accept the rules relating to the feis in their entirety as laid down by An Coimisiun le Rinci Gaelacha & Midland Regional Council.
- Any form of artificial carriage aids are strictly forbidden except for medical reasons.
- Any form of unauthorised photography which has the capability to capture a dancers image whilst in motion, using electronic or manual means eg. Mobile phone, standard camera, video camcorder, cine recorder or commercial film with or without flash enhancement is expressly forbidden in competition.
- Make-up is not permitted for any dancer in the first two grades up to and including the under 12 age group.
- A solo competition cannot be held with only one dancer.

Grades

- Novice grades are confined to the Midland Regional Council area. All other grades are open to all areas.
- In Novice grades only basis steps are to be performed ie no intricate movements, clicks, rocks, twists etc.
- Competitors must dance in their own age group for solo competitions except where there is no provision for that dance in that age group.
- No competitor may compete twice in the same competition.
- Where there are five or less competitors in a solo competition grades will be unaffected.
- A **Novice** dancer is one who has not won 1st, 2nd or 3rd place in that particular dance in any group. This includes Trophy Competitions – see rule 19.
- A **Primary** dancer is one that has not won a 1st place for that particular dance in any age group. This includes Trophy Competitions – see rule 19.
- An **Intermediate** dancer is one who has not won a 1st place for that particular dance in his/her present age group.
- In a Trophy Competition a dancer must have performed their choice of dance in the solo competition.
- The winner of a **Primary or Intermediate Trophy** competition must move up to the next grade for that particular dance. In **Novice Trophy** competitions 1st, 2nd & 3rd places must move up to the next grade for that dance.



Figure

- In Figure and Ceili competitions – rules regarding age and re-dancing apply as laid out by An Coimisiun.
- In Ceili 8 Hand competitions any 8 Hand may be performed in accordance with An Rince Foirne.
- Figure Championship in the U7's year group may be 6 Hand dance, 8 Hand Ceili of Figure Dance of 6 or more.
- Mixed and Unmixed Ceili – Rules as laid out by An Coimisiun apply to the Minor, Junior and Senior Ceili competitions – A mixed team must consist of 4 boys and 4 girls.

Championships and Premier competitions:

- Competitors can only dance in either Preliminary or Open Championship; they may not compete in both. Intermediate competitors can dance their grade dances and either the Preliminary or Open Championship.
- To compete in a preliminary Championship a competitor must not have won 1st, 2nd or 3rd in an open championship or 1st in a preliminary championship during this current year.
- Championship/Premier Competitions – Only Intermediate and Open dancers are eligible to compete (except under 6 and 7 – see below).
- Under 6's & under 7's Championships/Premier must dance Reel & Light Jig. A recall is at the discretion of the feis organisers. All grades are allowed to compete but must have performed these dances on the day of the feis.
- Under 8's & under 9's must dance Reel and Heavy Jig. A recall is at the discretion of the feis organisers. To be eligible to compete, dancers must perform 2 dances in the solo rounds on the day of the feis.
- Under 10 and up. All dancers should be given a choice of Reel or Slip Jig and Heavy Jig or Hornpipe and recall set dance. Subsidiary solos may be run at the discretion of the feis organisers.
- If a minimum number is stated for a championship to be held, then this must be consistent for both mixed and unmixed championships. Eg if you decide on a minimum number of 5 in order to run a separate boys championship then this must be consistent with the number to run any championship. This may well be prevalent in the younger age groups where numbers can be low. For example if you have the rule on your syllabus and you only have 4 entries for Under 6 – you should not run the championship. This is in accordance with the sex discrimination act.



PROGRAMME OF DANCES

<u>AGE GROUP</u>	<u>NOVICE</u>	<u>PRIMARY</u>	<u>INTERMEDIATE</u>	<u>OPEN</u>
Under 6 Under 7	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe Premier Dance Trad Set Dance
Under 8 Under 9	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe Premier Dance Trad Set Dance
Under 10 Under 11 Under 12 Under 13	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe Premier Dance Trad Set Dance
Over 13		Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance		
Under 14 Under 15			Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe Premier Dance Trad Set Dance
Over 15			Reel Light Jig Hop Jig Slip Jig Light Trophy Heavy Jig Hornpipe Heavy Trophy Trad Set Dance	
Under 16,17, Senior				Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe Premier Dance Trad Set Dance

Ceili & Figure: Under 9, 11, 13, 16 & Senior

Premier Dance

Girls/Boys/Mixed	1 st Round	2 nd Round
Under 6 & 7	Reel	Light Jig
Under 8 & 9	Reel	Heavy Jig
Under 10 & upwards	Reel/Slip Jig	Heavy Jig/Hornpipe



PROVISIONAL TIMETABLE

	HALL A				HALL B		
TIME	1	2	3	TIME	4	5	6
9:00	U6 Nov	U7 Nov		9:00	U8 Nov	U9 Nov	U10 Nov
10:15	U6 Pri	U7 Pri	O13 Pri	10:15	U8 Pri	U9 Pri	U10 Pri
11:30	U6 Int	U7 Int	U8 Int	11:30		U9 Int	U10 Int
					Followed by	U9 + 11	Ceili + Figure
12:45	U6 Open	U7 Open	U8 Open	12:45	U11 Nov	U12 Nov	U13 Nov
2:00	U9 Open	U10 Open	U14 Open	2:00	U11 Pri	U12 Pri	U13 Pri
3:30	U15 Open	U16 Open	U17 Open/ Senior Open	3:30	U11 Int	U12 Int	U13 Int
5:00	U11 Open	U12 Open	U13 Open	5:00	U14 Int	U15 Int	O15 Int
	Followed by	U13	Ceili + Figure		Followed by	U16 + Senior	Ceili + Figure





BRISTOL

A new feis venue!!

www.visitbristol.co.uk



The University of the West of England is perfectly situated, just off the M32 motorway in Bristol. With easy access to the M4 and M5 - the feis is easy to get to from many areas in the UK.

Car parking

Parking space is provided for 450 cars

Directions

From M4: exit the M4 at junction 19 onto the M32. Almost immediately, exit the M32 at junction 1. Turn right at roundabout onto the A4174 ring road (dual carriageway) following signs for Filton and Bristol Parkway railway station. Go past the Holiday Inn hotel on the left, the first set of lights at the junction towards UWE and Bristol Business Park, then turn left at the second set of traffic lights into UWE Conference Centre.

From M5: exit the M5 at junction 15 onto the M4 eastbound towards London. Exit the M4 at junction 19 onto the M32 and exit at junction 1. Turn right at roundabout onto the A4174 ring road (dual carriageway) following signs for Filton and Bristol Parkway railway station. Go past the Holiday Inn hotel on the left, the first set of lights at the junction towards UWE and Bristol Business Park, then turn left at the second set of traffic lights into UWE Conference Centre.

From the south: from Bristol City Centre follow signs for the M32. Exit M32 at junction 1. Turn left onto the A4174 ring-road (dual carriageway) following signs for Filton and Bristol Parkway railway station. Go past the Holiday Inn hotel on the left, the first set of lights at the junction towards UWE and Bristol Business Park, then turn left at the second set of traffic lights into UWE Conference Centre.

Public Transport

By rail

The nearest rail stations is **Bristol Parkway** approximately 20 minutes walk. For more information visit <http://www.nationalrail.co.uk/> From Parkway, a taxi will cost approximately £5-£7.

By bus

Bus services U1, U2, U5 and 70 from the City Centre stop at Filton Lane (see above). For the return journey use the stops at UWE bus station or on Coldharbour Lane. For all timetables, visit <http://www.travelinesw.com/>

Taxi

Euro Taxis – rank at Parkway station 01454 320101
Parkway Taxis – 0117 378 9699

Flights

Newcastle – Bristol £26 each way Easyjet
Belfast City - Bristol from £9.99 each way Ryanair
Dublin - Bristol from £14.99 each way Ryanair
Cork – Bristol from £24.99 each way Aer Arrann

Hotels

Holiday Inn	Filton	0117 910 4272
Holiday Inn Express	Bristol, North	0117 317 2700
Premier Inn	Bristol, Filton	0870 9906456
Premier Inn	Bristol, East	0870 1977042

From Bristol Airport you can catch the Flyer bus service into the city centre, from there you can catch a number of different bus services to the feis. Visit www.travelinesw.com for more information and bus times.



